

Satir Interaction Model

Weinberg	Satir		Questions	
(Present information)	Intake	1. Sensory input	<i>facial expression</i> <i>body position</i> <i>skin colour changes</i> <i>scent</i> <i>breathing</i> <i>words</i> <i>tone</i> <i>pace</i>	What did my senses take in?
	Meaning	2. Interpretation (<i>beliefs, filters, states, ...</i>)		What meaning do I make of what I sensed?
(Influenced by Past experiences)	Significance	3. Feelings		What feelings do I have about the meaning I made?
		4. Feelings about feelings		What feelings do I have about those feelings?
	Response	5. Defenses	<i>projection</i> <i>denial</i> <i>ignoring</i>	What defenses do I use?
		6. Rules for commenting (<i>context</i>)		What rules for commenting do I use?
		7. Observable outcome		



*Between stimulus and response there is a space.
In that space is our power to choose our response.
In our response lies our growth and freedom.*

Viktor Frankl